

UNICITY

# Unimate

Natural Lemon



There are some days when you feel like you're on top of the world—it's those kinds of days where you accomplish more, and you do it with style. Other days, your brain feels foggy, and you can't focus. So what makes the difference? How can you make every day a great day?

**Unimate helps make great days the rule, not the exception.**

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years. Naturally rich in antioxidants and nutrients, yerba mate has been traditionally used to promote mental clarity, endurance, appetite control, and an improved mood. The yerba mate leaves in Unicity Unimate undergo a unique five-step process—handpicking, fire roasting, extracting, concentrating, and purifying. The result is a proprietary extract that enhances the benefits of yerba mate and contains up to 10 times the amount of chlorogenic acids (feel-good elements) found in a typical cup of coffee and 20 times the chlorogenic acids found in other commercially available yerba mate products. No matter what daily tasks await, Unimate will support your cognitive function and endurance and help you feel great.

**Choose Unimate, and choose to feel great.**

## Features

- High-quality, purified, ultra-concentrated yerba mate
- Rich source of
  - Chlorogenic acids
  - Theobromine
  - Mate saponins
  - Antioxidants
- Convenient single-serving packets
- No added sugar (sweetened with stevia)

## Benefits



Supports feelings of well-being\*



Supports healthy cognitive processes\*



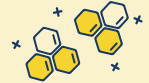
Helps maintain endurance and stamina\*



Promotes satiety\*



Supports weight-management efforts\*



Promotes the body's ketone production\*

## Use

Mix the entire contents of 1 stick pack (5.1 g) with 17-24 oz (500-700 mL) of hot or cold water (add more or less to taste). Drink 2 times daily.

As Unimate does not break your fast, take it first thing in the morning for added satiety and energy support, and take it again right before your first meal of the day.



## Ideal for

### Entrepreneurs, Business People, Super Moms, and Super Dads

Unimate provides just the right amount of support to nail that afternoon presentation, finish all the household tasks, or help the kids with the project they just conveniently remembered was due tomorrow.

### Athletes

Whether you're working out or enjoying your favorite sporting activity, Unimate helps you tackle it all. The convenient on-the-go packets make it easy to take Unimate with you for those longer excursions.

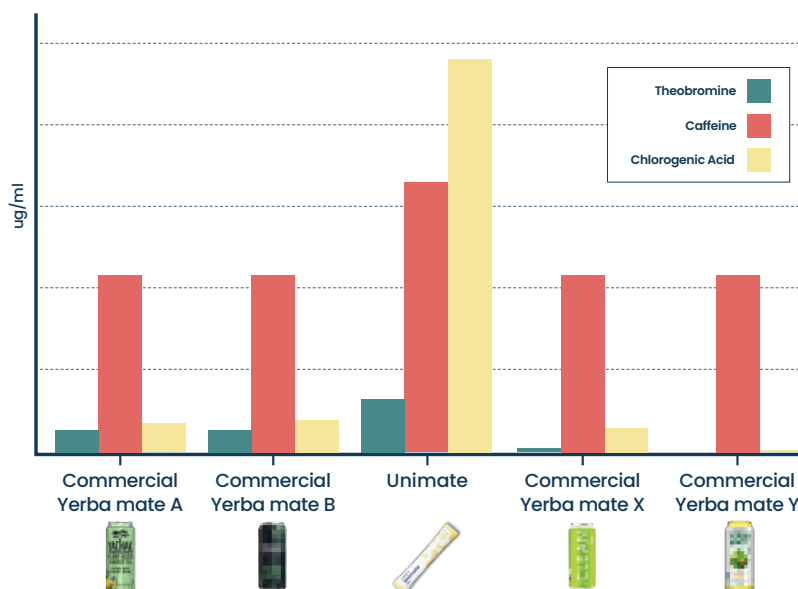
### College Students

Unimate promotes focus and concentration, and it helps you find the motivation to create successful habits and sustain a busy social life.

## When to use

- Before working out
- In the morning to start your day with a boost of energy
- Between meals
- Before an important meeting, test, or presentation
- Whenever you want to combat brain fog or mental fatigue

## Commercial yerba mate vs Unimate



These findings are based on a study conducted by Unicity.

## Try this



Prepare your Unimate hot, and stir with a cinnamon stick.



Try adding a tablespoon of coconut oil to your Unimate.



Add a tablespoon of Complete powder for a healthier, sweeter beverage.



Try Unimate Lemon with ice for a cool, delicious recharge.



Looking for an extra boost? A Matcha-Unimate combination should do the trick.

## The science behind Unimate

Unimate is uniquely powerful thanks to Unicity's original five-step process: handpicking, fire roasting, active biological molecule extraction, yerba mate concentration, and purification. The result is a yerba mate beverage that contains about 10 times the amount of chlorogenic acid found in a typical cup of coffee. And because we concentrate this important compound from the yerba mate plant extract, Unimate contains an average of 20 times more chlorogenic acid than other commercially available yerba mate drinks, too.



1 HANDPICKED



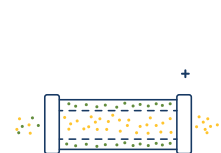
2 FIRE ROASTED



3 EXTRACTED



4 CONCENTRATED



5 PURIFIED

## Ingredients

**Green yerba mate leaf** - Yerba mate comes from the leaves of the holly plant native to the central regions of South America. Yerba mate has been used by indigenous people for centuries. Yerba mate is a natural source of caffeine, and it contains a myriad of natural polyphenols, which have potent antioxidant properties.

Yerba mate contains naturally occurring:

- **Chlorogenic acids** - Chlorogenic acids are polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. Chlorogenic acids have significant biological effects on the body, including supporting healthy brain function, promoting an improved mood, and regulating lipid and glucose metabolism.

- **Mate saponins** - Mate saponins are a class of molecules that are specific to the yerba mate plant. Mate saponins support metabolic flexibility.

- **Theobromine** - Theobromine is a molecule that contains a structure similar to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatigue.

## Designed for Health

Today, we face a health crisis unlike any the world has ever seen. Despite scientific advancements in medicine and health care, people are unhealthier than ever.

The good news is that this pervasive global health decline is completely reversible. As The Health Intervention Company, Unicity is committed to combating today's health crisis by developing products that are obsessively backed by science, rigorously tested, and masterfully produced—all to help millions around the world live better lives.

## Supplement Facts

Serving Size 1 Stick Pack (5.1g)  
Servings Per Container 30

Amount Per Stick Pack	% Daily Value*
Calories	5
<b>Total Fat</b>	0g 0%
<b>Total Carbohydrate</b>	1g 0%
Dietary Fiber	0g 0%
Total Sugars	0g
Includes 0g of added sugar	0%
<b>Sodium</b>	35 mg 2%
UniMate (Green Mate Leaf Extract) Powder	3g †

\* Percent Daily Values are based on a 2,000 calorie diet  
† Percent Daily Value not established

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Sodium Gluconate, Stevia Leaf Extract

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## FAQs



### **Is Unimate Natural Lemon any different from the previous Unimate Lemon?**

Unimate Natural Lemon is an exciting update to our current Unimate formula. Natural Lemon contains the same potent yerba mate extract with the same amazing benefits, but is naturally flavored and sweetened with Stevia.

### **How much caffeine is in one serving of Unimate?**

The product has been tested for an upper caffeine limit, and it has about as much caffeine as one cup of premium coffee. However, since natural ingredients can have some variation, the caffeine amount is not standardized.

### **Can I take Unimate with Unicity Matcha?**

Yes, you can use both products at the same time. Both products contain caffeine, so caffeine-sensitive individuals would be well advised to not drink the beverages together or before bed.

### **Is this product compatible with ketogenic or other low-carb diets?**

Unimate is ideal for keto or other low-carb diets because it helps make the body more efficient at producing ketones, the body's quick energy source from fat. Unimate prevents that tired, empty, listless feeling that comes from not having enough to eat because it helps the body use stored fat for energy.

### **What are mate saponins?**

Mate saponins are a class of saponin molecules that are specific to the yerba mate plant. Mate saponins have been shown to have significant biological effects, particularly in the realm of weight loss and fat burning.

### **How is this product different from Unicity Matcha?**

The two products differ in the types of energy they provide: Unicity Matcha supports physical energy, and Unimate supports mental energy. Matcha increases the amount of energy (ATP) produced, resulting in more cellular energy. Unimate promotes an improved mood, a sense of well-being, and it promotes the feeling that you can accomplish anything. Additionally, since Unimate also enhances ketone production, ketones can provide energy as well.

### **Why can't pregnant or nursing women use this product? Can kids use Unimate?**

Unicity does not test products on children, pregnant women, or nursing women. Therefore, Unicity cannot recommend usage for these demographics. It is also good to note that Unimate does contain natural caffeine, and many sources indicate that caffeine may not be good for pregnant women or young children.

### **What are chlorogenic acids?**

Chlorogenic acids are a family of polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. They have important biological effects, including supporting healthy blood pressure, supporting healthy brain function, and promoting an improved mood. Unimate contains around 20 times more chlorogenic acids than standard yerba mate drinks.

### **What is theobromine?**

Theobromine is a molecule that is similar in structure to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatigue.



\*The Health Intervention Company™ - Unicity provides education, support, and designs nutritional products for convenient, healthy living, to address the global decline in metabolic health.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.